

Leicester City Joint Health and Social Care Learning Disability Strategy

1. What are the things we need to achieve?

National policies and Statutory duties

- Valuing People Now (2010)
- The Care Act 2014
- Equality Act 2010
- Care and Support Assessment regulations (2014)
- Children and Families Act 2014

This document has been informed by a number of national legislative and quality developments relevant to the commissioning of care and support; and the provision of social care and health services, for people with learning disabilities. This strategy enables Leicester City to deliver its statutory duties and key responsibilities as outlined in national policy and guidance. Since the writing of our previous strategy The Care Act (2014) received royal assent and now sets out requirements that make clear new national eligibility criteria for adults in need of support as well as their carers. People with a learning disability are protected under the protected characteristics criteria outlined in The Equality Act (2010) regardless of needs.

This strategy also makes provisions to coordinate our approach to supporting young adults with a learning disability who are transitioning into adult services by making clear how this strategy and delivery plan will link directly into the Leicester City transitions strategy and the Leicester Leicestershire and Rutland Carers Strategy.

National guidelines and industry standards

- Transforming Care Recommendations
- Building the right support
- Think Local Act Personal (TLAP)
- LeDeR / STOMP / NICE Quality Standards and clinical guidance
- NHS 10 year plan

It is important that we are assured in our approach to providing high quality health and social care support for people with a learning disability. To do this our strategic planning will be underpinned by learning from national action plans, industry standards and best practice guidance. We will work in partnership to ensure we maximise our opportunities to learn and share from each other to achieve our aims.

This strategy is clear in its approach to co –production and using the invaluable expertise that people with a learning disability and their carers will bring in helping to overcome the challenges faced by health and social care to provide equal services. We are fully committed to incorporating the Department of Health '*1 statements*' in our strategic approach to embedding person centred practice into care management and support provision. This strategy will also complement the work currently being completed for the Leicestershire Partnership Trusts (LPT) transformation programme.

2. What do we know about how well we are progressing?

Local Achievements

- Leicester City Learning Disability Partnership Board
- Social Care; Learning Disability Team
- Transforming Care Accommodation Strategy
- Health Checks, Health Charter and LeDeR Coordination
- Safe Well and Happy Sessions
- Employment opportunities
- Transitions Strategy
- LLR Carers Strategy

The Learning Disability Partnership Board worked for a number of months to consider what services for people with a learning disability work well; what areas did not work well and need improvements; and what actions to take to improve those areas.

It is also important to recognise the areas of progress in Leicester, and these include Leicester City Council establishing a social work team specifically for people with a learning disability. Leicester City Council and the Clinical Commissioning Groups partners have also been leading on the delivery of a Leicester, Leicestershire, & Rutland transforming care accommodation strategy to meet the housing demands of people with complex support needs. The uptake of annual health checks has also increased to 75% of all people registered with medical centres in Leicester as having a learning Disability. Our health services have also established a safe well and happy group. This is a group of statutory and non-statutory organisations working together to provide free sessions that focus on providing information, guidance, and training so people with a learning disability can understand more about staying safe well and happy. Employment opportunities for people with a learning disability remains a challenge however the department of work and pensions (DWP) are now fully engaged with the partnership board and are committed to delivering on the strategic objectives detailed in this strategy. The strategic direction in the transitions and the carers strategies are all closely aligned to ensuring the needs of people with a learning disability are considered.

The progress made in Leicester City is encouraging, but in developing this strategy the areas identified as needing to be prioritised were; reasonable adjustments and accessible information

for people with a learning disability; Better training and awareness for staff to enable equal health and healthy lifestyles for people with a learning disability; The need to Improve employment and college opportunities; and ensuring continuity of care and choice and control around accommodation.

3 What are our priorities for the next 3 years?

Five Priorities

- Reasonable Adjustments / Accessible Information
- Workforce Training and Awareness
- Equal Health Healthy Lifestyles
- Where People Live / What services people can choose
- Work, Learning and Development Opportunities

This strategy was developed by services users, carers groups, and other members of the Learning Disability Partnership Board, to identify our priorities for the next three years. There were some recurring themes with clear issues for people accessing statutory and non statutory health and social care services.

The key issues' identified included the lack of easy read and other accessible information formats available in a number of areas including raising a complaint, applying for benefits, or applying for jobs. A lack of effective staff training across a number of services including job centre plus, housing, health and social care was an area which is now a recognised priority action area which should rectify gaps in relation to reasonable adjustments. The shared experiences of people with a learning disability and their carers accessing primary and secondary care in Leicester can be reflected in a number of national awareness campaigns such as Mencap's 'Treat Me Well, STOMP (stopping the over medication of people with learning disability), and the learning disability mortality review (LeDeR). These campaigns have all identified key areas for development to improve health outcomes for people with a learning disability. The success of these campaigns has led to health inequality for people with a learning disability becoming one of the four priority areas that will be addressed in the NHS ten year plan.

The work to continually improve community-based care for people with complex care needs whilst ensuring people are able to choose to live near family and friends, if desired, will continue. A key priority In Leicester is to maintain and improve on the work of the transforming care accommodation group to make sure we can provide quality support, capable of meeting complex needs, at home rather than in a hospital setting.

The national figure for unemployment rates amongst people with a learning disability and Autism is 95%. Opportunities for people who want to pursue employment, education, or voluntary opportunities need to be improved and a key priority will be to work together to improve the life chances for people with a learning disability.

4. What we will do to achieve our priorities?

Reasonable Adjustments / Accessible Information

- Audit all partners published easy read guidance and identify gaps.
- Co create person centred practice guidance for all professionals to refer to.
- Create an audit tool looking to quality assure person centred approached.

Workforce Training and Awareness

- Audit current LD awareness training offer across all partners.
- Create programme of awareness raising for 2019/20.

Equal Health / Healthy Lifestyles

- Ensure all contracted social care providers are signed up to the health charter.
- Run 4 Safe Well and Happy events for people who have a learning disability
- Audit health check uptake and ensure all people accessing our contracted services get an offer.

Where People Live / What services people can choose.

- Maintain closer links to the Transforming Care accommodation strategy group.
- Ensure that people with a Learning Disability using supported living and residential services are regularly consulted.
- We will make it easier for a person to raise concerns about support being cancelled without their agreement. Work, Learning and Development Opportunities
- Create a working group to link in with wider employment strategies.
- Seek regular updates on the success of the disability confident campaign.
- To ensure we deliver on our priorities we will create three working groups that will look at different aspects for each priority areas.

Staff awareness and understanding of the multitude of barriers that people with a learning disability can face when accessing social care and health services was identified as a key challenge. So a working group that will look at learning disability awareness, training, reasonable adjustments and accessible information standards, will develop a plan of activities to improve our ability to respond appropriately.

Health equality and access to appropriate medical and healthy lifestyle advice and guidance was also identified as a core area. The work around LeDeR, STOMP and the LD health charter all clearly identify the need to improve healthily life chances for people with a learning disability. A working group will look at these key areas.

Employment opportunities need to be improved for people with a learning disability. To do this we will connect partners, including the DWP and disability employment advisors, the local authority enablement team and collaborate with the Leicester City Council economic regeneration team, with the shared aim to improve work and volunteering opportunities.

We will create a learning disability assurance framework that will detail the levels of assurances organisations will provide to the learning disability partnership board. This framework is designed to capture details of how each individual organisation in Leicester are designing their service to ensure they can effectively meet the varying needs of people with a learning disability.

5. Actions and responsible working groups

Actions / Assurances	Assurance Framework	Health Task Group	Employment Opportunity Group	LD Awareness Group	Autism Delivery	TCP	Carers
Audit all partners published easy read guidance and identify gaps.							
Co create person centred practice guidance for all professionals to refer to.							
Create an audit tool looking to quality assure person centred approached.							
Audit current LD awareness training offer across all partners.							
Create programme of							

awareness raising for 2019/20.							
Ensure all contracted social care providers are signed up to the health charter.							
Run 4 'Safe Well and Happy' events for people who have a learning disability							
Audit health check uptake and ensure all people accessing our contracted services get an offer.							
Maintain closer links to the transforming Care accommodation strategy group.							
Ensure that people with and LD using supported living and residential services are regularly consulted.							
We will make it easier for a person to raise concerns about support being cancelled without their agreement.							
Create a working group to link in with							

wider employment strategies.							
Seek regular updates on the success of the distality confident campaign.							

6. What will be different once our priorities have been achieved?

- All people with an LD will have information that is easier to understand
- Person centred practice will be consistent across health and social care services.
- Person centred practices will be at the core of all social care and health support planning.
- LDPB will be able to seek assurances on the embedding and uptake of training and identify gaps and areas that must improve.
- People with a learning disability will be at the heart of awareness raising.
- Health care will be a high priority when quality assessing contracted providers.
- Community venues will be used to provide important health and wellbeing advice
- Health checks updates will increase over the lifetime of this strategy.
- Care providers for people with complex needs will be supported to do this well.
- Wider housing strategies and services will include meeting the varying needs of people with LD
- Complaints procedures will be accessible to people with a learning disability.
- There will be an increase in employment and voluntary opportunities.
- Disability confident employers will offer more opportunities to people with LD

This strategy outlines the commitment of the local authority social care and education department and Leicester City Clinical Commissioning Group, along with all other partners of the Learning Disability Partnership Board.

This section details what will be different once we have embedded the actions within this strategy. Although it is important to stress that the list of outcomes is not the limit of our ambitions. Our plans and desired outcomes will adapt in line with changes to national legislation, key guidance and any national action plans during the life time of this strategy.

Underpinning the delivery plan for each area of work will be a Learning Disability Assurance Framework document. This will detail how all organisations will provide data and information to demonstrate effective and proportionate embedding of the strategic action plan, core legislation, and national health priorities.

This data will be collated from single organisations and will be tested against the lived experiences of those who access health and social care services as a user or as a carer, this will include data from the ASCOF returns and NHS digital data around health checks and other related issues.

Each year we will write an annual report detailing our progress Where the Learning Disability Partnership Board seeks assurances around the quality of services for people with a learning disability and is not suitably assured.