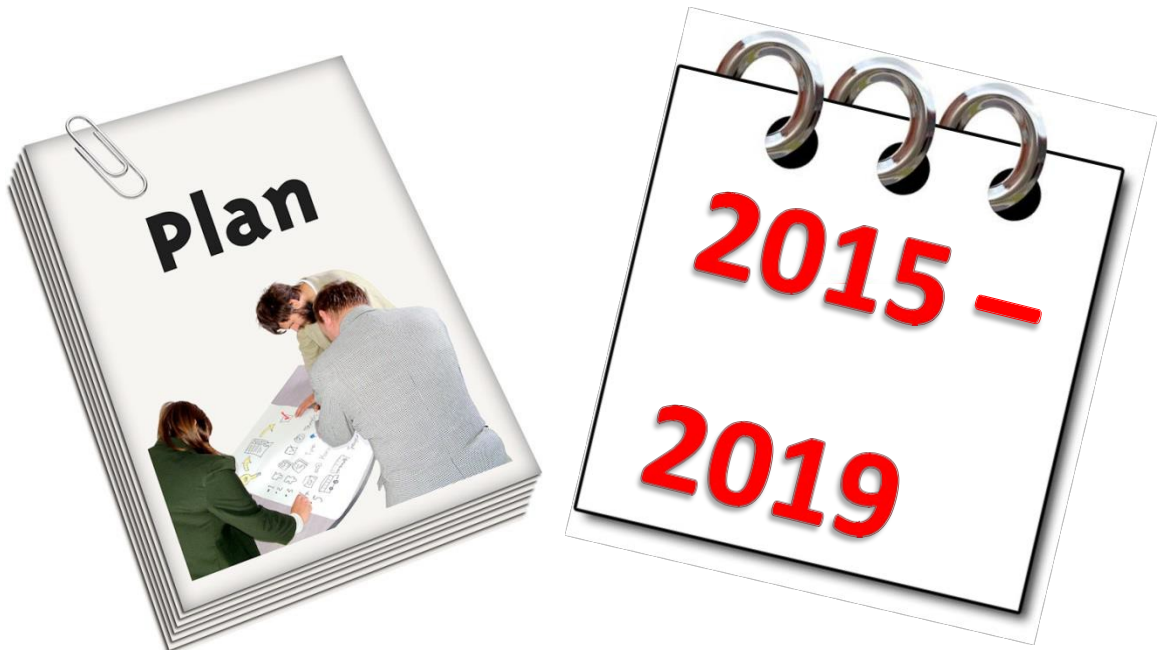


Learning Disability Joint Commissioning Strategy



NHS
Leicester City
Clinical Commissioning Group



What is the strategy or plan for?



A strategy is a plan.



It talks about the important things that we want to make happen.



It's a plan to make sure people have good support and choices about how they live their lives



In the plan we talk about what is good and what we need to do better



The plan talks about the support that people receive now



And gives ideas about what we want to do in the future

How did the plan happen?



We have written the plan after talking and listening to people with learning disabilities and their carers.



The plan includes things that the government says that help people with learning disabilities.



Personalisation

Personalisation is about giving people more choice and control over their lives



What did people say?

- ❖ Need for better information about personal budgets.
- ❖ Talk with parents and carers in their own languages
- ❖ Health and Social Care should work together
- ❖ More help with Direct Payments



What will we do?

We will work with organisations to offer more support options, including;

Personal care, employment, education, social activities, transport, respite and short breaks



The council and the clinical commissioning group (NHS) will work together



What does this mean to me?

❖ I will be supported to have a personal budget if the rules say I can



❖ I will have an assessment and person centred support plan that will meet my health and social care needs



❖ I will have a choice of support options to meet my needs when and how I want.

Real life story

MK was referred to Employment Plus in May 2014.

MK can be very challenging in a group or social environment.

In September MK attended work experience for one day per week. He enjoyed the experience and this has improved his confidence in working with and meeting people.



Accommodation

Having a good home is very important

People with learning disabilities are less likely to be home owners



They are more likely to suffer discrimination in the community

What did people say?



- ❖ I want to be involved in every decision
- ❖ You need support to get to know people
- ❖ If you live near family & friends you get support – so it keep costs down
- ❖ It needs to be easy to get around & into town





What will we do?

We will listen to people with learning disabilities



We will support people to move from residential care to live in their own home

We will support people that live with their families



We will support people to own their own home

What this means to me?



❖ I will be able to live in my own home (if that's right for me)

❖ I will have choices

❖ I will help to run my home, and choose who supports me.





Healthcare

Health and active lifestyles are important for everyone

In the past people with a learning disability have had poor health care.

What did people say?



- ❖ More training is needed for GP's



- ❖ Better links between services
- ❖ Volunteers are needed in hospital



- ❖ Easy to understand information

What will we do



- ❖ Work together
- ❖ Only use placements away from home if it is the only choice.
- ❖ Give more people health action plans
- ❖ Work on personal health budgets



What this means to me



- ❖ I will be able to stay healthy
- ❖ I will receive good healthcare
- ❖ I will have an annual health check





Employment, Training and Day opportunities

This is very important so that people are included in the community



What did people say

- ❖ Better communication
- ❖ Being employed is good
- ❖ More staff training is needed
- ❖ There needs to be more community activities



What will we do?



- ❖ Work together
- ❖ Make sure community activities are suitable
- ❖ Support people to be more independent
- ❖ Make sure people understand changes needed to help with learning and employment



What this means to me



- ❖ I will have a self- assessment and person centred support plan
- ❖ I will be supported to work, study and enjoy leisure activities
- ❖ I will have access to employment, education and social support





Preparing for adulthood

Becoming an adult can be a very anxious time

It can also be very difficult for family carers



There have been some changes in the law

- The Care Act 2014
- The Children and Families Act 2014



What did people say?



- ❖ Services need to work together
- ❖ Better communication, especially between school and health services
- ❖ Person centred approach for everyone
- ❖ Should involve people in making the plans





What will we do?

- ❖ We will work together
- ❖ Work with children, families and schools
- ❖ Develop better services
- ❖ Make sure we support people with Autism



What this means to me

- ❖ I will have good support which helps me with my goals
- ❖ I will be able to find information
- ❖ My needs will be better understood
- ❖ I will be able to get support for my needs
- ❖ My family will know I have the right help





Carers and short breaks

Short breaks are a way of giving carers some time away from their caring role

What did people say?



❖ People worry about losing services

❖ All carers should be able to meet, listen and offer support to other carers



❖ There needs to be different choices



What will we do?

❖ We will work together

❖ We will improve how many options there are



- ❖ Give carers health checks



- ❖ Make sure there are still opportunities for people to talk / listen to other carers
- ❖ Make sure there is a range of services



What this means for me?

- ❖ I know my carers will be supported

- ❖ There will be a choice



- ❖ I can use my personal budget to pay for my short break

- ❖ I can have a direct payment to pay for my short break.



Making it happen



We will work together

There will be regular meetings



Some parts of the plan will be done before others, we call these the priorities



There's lots to do. Some things will happen soon and some things could take up to two or three years.



The changes will be made by working with people with learning disabilities and carers.



Every year we will check that this plan is up to date, this is called a review

