



**NHS**  
*Leicester City  
Clinical Commissioning Group*

# LD Strategy

April 2015 – March 2019



# Background



**Autism Strategy LLR – refresh 2014**  
**‘Better Care Together Strategy (LLR Five Year Strategy, 2014-2019.)**

**Other legislation & national influences**

**Care Act 2014**

**Health and Social care act 2012**

**Bradley Report 2009**

**2000: Carers and Disabled Children Act 2000**

**2000: Care Standards Act 2000:**

**1990: NHS and Community Care Act 1990**



# Background

- **National Autism Strategy “Fulfilling and rewarding lives” (2010)**
- **Think Autism Fulfilling and Rewarding Lives, the strategy for adults with Autism in England: an update.**
- **The Children and Families Act 2014**
  
- **Winterbourne Concordat**
- **Department of Health, “Improving outcomes and supporting transparency: Part 1: A public health outcomes framework for England, 2013-2016.” Department of Health, London, 2012.**
  
- **Putting People First (2007) and Think Local Act Personal (2011).**
- **In the Department of Health’s ‘A Vision for Social Care’ (2010)**



## Proposed 6 key sections

- **Personalisation**
- **Accommodation**
- **Health**
- **Employment, Education & Day opportunities**
- **Preparing for adulthood**
- **Carers ( including short breaks )**

**MAKING IT HAPPEN**



# Personalisation



Personalisation means finding new ways to give people more choices.



Personalisation is about more than money. It is about **listening and helping** people to lead a more independent life.



# Personalisation



The government wants the plan to be about the person and the care they need.



Personalisation means putting your needs first to give you more control in your life.



# Personalisation, where are we now ?



2014 – Direct payments £3,005,440



2015 – estimated payments £3,039,990 (+ £34,550)

2016 – estimated payments £3,067,130 (+ £27,140)

2017 – estimated payments £3,094,270 (+ £27,140)



# Our plans



**Give people more choice and control**

**More people will have personal health budgets**

**The Council and the Clinical Commissioning Group will work together to make a range of support options.**

**These will include personal support needs, employment, education, social activities, transport, respite and short breaks.**





# 9. Personalisation

## What this means to me



I will be supported to have a personal budget if I am eligible.



I will have an assessment and person centred support plan just for me



I will have lots to choose from



# 10. Accommodation



There are different types of housing available

We need to make sure people feel safe and have access to the right support



The support could be in different ways.  
a supported living package,  
a domiciliary care package  
family and community support



# Accommodation How much are we spending?

Estimated projections of social care service costs for adults (18-64) with learning disabilities.						% change from 2014 to:			
	2014	2015	2016	2017	2018	2015	2016	2017	2018
Assessment and care management	1,893,310	1,915,070	1,932,170	1,949,260	1,966,360	1%	2%	3%	4%
Home care	885,920	896,100	904,100	912,100	920,110	1%	2%	3%	4%
Day care/ Day services	3,305,200	3,343,200	3,373,050	3,402,900	3,432,750	1%	2%	3%	4%
Direct payments	3,005,440	3,039,990	3,067,130	3,094,270	3,121,410	1%	2%	3%	4%
Equipment and adaptations	47,920	48,470	48,900	49,330	49,770	1%	2%	3%	4%
Nursing and residential care	9,603,590	9,713,980	9,800,710	9,887,440	9,974,170	1%	2%	3%	4%
Supported and other accommodation	12,055,190	12,193,760	12,302,630	12,411,500	12,520,380	1%	2%	3%	4%
<b>Total (excluding SP)</b>	<b>£33,888,930</b>	<b>£34,278,460</b>	<b>£34,584,510</b>	<b>£34,890,570</b>	<b>£35,196,630</b>	<b>1%</b>	<b>2%</b>	<b>3%</b>	<b>4%</b>

Source: [www.planning4care.org.uk](http://www.planning4care.org.uk)

The number of LD Residential Care open agreements on CareFirst for the period 13/14 was as follows;

- 1) Long Term Res Care - 245
- 2) Short Term Res Care - 4



	2014	2015	2016	2017	2018
Home care	885,920	896,100	904,100	912,100	920,110
Nursing and residential care	9,603,590	9,713,980	9,800,710	9,887,440	9,974,170
Supported and other accommodation	12,055,190	12,193,760	12,302,630	12,411,500	12,520,380



# Accommodation



Listen to people with Learning disabilities when we are making our plans about housing

Understand peoples housing needs

Support people so they don't have to live out of area



Support more people to own their own home, or live with their families



# What this means to me



- I will be able to live in my own home / individualised accommodation ( if appropriate )



- I will have a choice from a range of housing options to live where I choose and with whom I live and support to access these



- I will be involved in the running of my home, and choose who supports me.



- I will not be fitted into a service where there is a vacancy if this does not suit me.



**Most of the services are provided by Leicester Partnership Trust**

- 12 bed Assessment and Treatment Unit on Glenfield Site
- Outpatients and Community health teams
- Building based short breaks service
- Independent hospital and specialist care placements

**GPs carry out Annual health checks and produce Health Actions plans**

**We need to get better at managing obesity, diabetes, cardiovascular health, epilepsy**

**We need to improve communication**



**How much are we spending?**

**£ 12.7m a year**

**What are our plans?**

**To follow the Better Care Together Programme.**

**This is a partnership of key health and social care organisations working collaboratively.**







## Better Care Together- Learning Disabilities work stream

- Develop local places so people don't have to go out of area
- Better knowledge of what we might need in the future
- Make the community crisis response services better, so people are only admitted to hospital when required.
- Review carer support services including short breaks
- Make sure that all staff work safely



# What will we do:

- **Work together to reduce out of county placements.**
- **Review the level of inpatient services**
- **Review the way Health funded carers support is provided**
- **Get more people to have an annual health check**
- **Make better information systems**
- **Work with local partners to improve the effectiveness of autism and Asperger's pathways**



# What this means to me



**I will only be admitted to assessment and treatment units when necessary**



**I will have an annual health check.**



**I will only be admitted to hospital when necessary**



# What this means to me



I will only be placed out of county if I have to be



We will look again at how short breaks are provided



# Employment / Training & day opportunities



## Where are we now?



Personal budgets have helped some people to get the right support



Like being able to cope in social situations or at work or college



Personal budgets have helped some people to use public transport





The voice of  
learning disability



There are some good voluntary sector support providers across the area.



Let's talk about you

Connexions in the City provide support





The Department of Work & Pensions (DWP) has **Work Choice** and **Access to Work**, both help disabled people find employment and stay in work.



DWP also employs **Disability Employment Advisers (DEAs)**



All new DEAs receive training in awareness of autism.



# Employment / training / day opportunities

## What will we do

- Ensure all actions under personalisation include people accessing employment, education and social activities.
- Carry out a review of day services



## What this means to me

I will have an assessment and person centred support plan



I will be supported to have a fulfilled life





## Where are we now?

### Changes in the law

- **The Care Act becomes law in 2015**
- **The current arrangements under Section 5/6 of the Disabled Person Act will cease.**
- **The Children and Families Act 2014**  
**will change the process for young people, with what is called the Local Offer.**



# Preparing for Adulthood

## What will we do?



**Influence how services are planned and delivered for young people**



**Work with children, schools and families to identify people earlier**

**Jointly understand and assess needs**



**Have service developments that support personalisation.**



# What will we do?



**Ensure the changes with the Education, Health and Social Care Plan include LD and Autism**



**Keep the pathway for young people up to date**

**Make sure review of Child Mental Health services links with the Learning Disability and Autism Pathway**

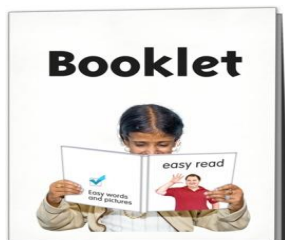


**Make information in a range of accessible options**



# Preparing for Adulthood

## What this means to me



I will be able to find information on options available to me as I plan for my future.



I will have my needs better understood as I go through changes in life



I will have appropriate support to meet my needs.

I will be able to access appropriate care and support.



# Carers

( including short breaks )



## Where are we now?

- 1752 carers have received an assessment. 194 care for someone with a learning disability
- There is a carers group

## There are other important times for people

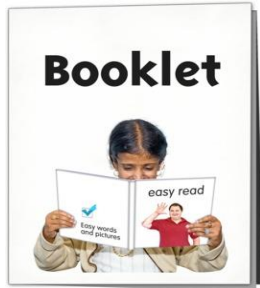
- Leaving home for the first time
- Leaving your home locality for education or work
- Marriage
- Birth of a child
- Retirement
- Death of a partner or parent

**These are also very important**



# Carers

## What will we do?



Provide the support for carers in a range of different ways

Look at what we have now

Listen to the different views and needs of carers



Make how we collect information better

Link with the Carers Strategy



# What will we do



**Meet with and listen to carers on a bi-monthly basis**



**Involve carers in the development of the Autism strategy & Autism Pathway**



**Ensure people with a Learning Disability over the age of 65, and those with dementia, are supported to access services that meet their needs**



## What this means to me



**I will know that the people who support me will have their own support needs met**





# Short breaks

- Where are we now?

Family Carers	
aged <32	0
aged 33 - 50	15
aged 50 - 65	55
aged 65 - 80	18
aged 80+	3
Unknown	18

Direct Payments for Respite	60
Adult Placement (Short Term)	48
Respite Residential Care	34
Flexible Break Day Support Hours	18
Flexible Respite	7

Customer Ethnic Group	
Ethnic Group	Count
White British	51
Asian or Asian British - Indian	35
Black or Black British - Caribbean	4
White -other	3
Asian or Asian British - Pakistani	3
Asian or Asian British - other Asian origin	3
Black Caribbean & White	3
Other dual heritage	2
Information not yet obtained	2
Chinese	1
Asian & White	1
Black or Black British - African	1
Grand Total	109

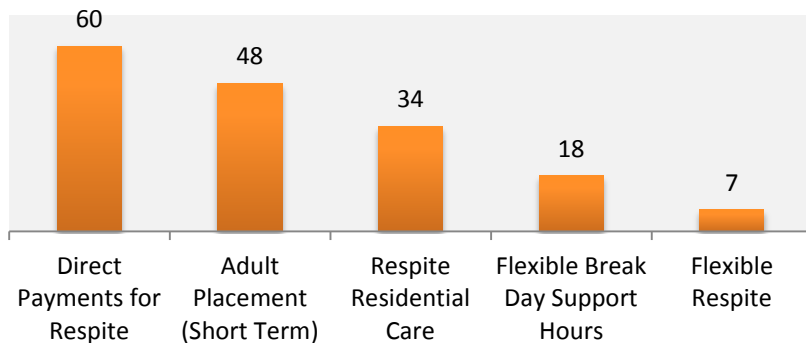


# Short breaks

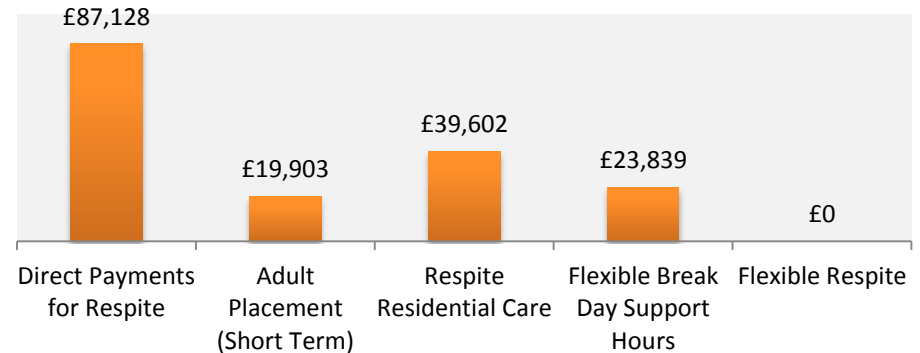
## What are we spending?

Service Type	Count	Current Cost	Average Cost
Direct Payments for Respite	60	£87,128	£1,452
Adult Placement (Short Term)	48	£19,903	£415
Respite Residential Care	34	£39,602	£1,165
Flexible Break Day Support Hours	18	£23,839	£1,324
Flexible Respite	7	£0	£0
Grand Total	167	£170,471	£1,021

**Service Type**



**Service Type (Cost)**



# Short breaks

## What are our plans

- **Redesign short break services with more choice**
- **To look at our short break services**
- **To have a bigger choice of short break options**
  - **Over-night stays away from home**
  - **Activities at home**
  - **Activities in the community individually or in a group**



# What this means to me



**I will have a say about my service and about what I like and want for the future**



**My carer will have a say about my service and what they like and want for the future.**



- **What this means to me**



**I will, if eligible, be able to have a short break somewhere I choose, doing things I like.**



**My family will be able to have a break from caring.**





# Making it happen

# What happens next.



## Appendices

- **Background**
- **JSpNA**
- **Better care together**
- **Delivery action plan**
- **Users and Carers views**
- **Autism Strategy**
- **Carers Strategy**

