



NHS
*Leicester City
Clinical Commissioning Group*

LD Strategy

April 2015 – March 2019



Background



Autism Strategy LLR – refresh 2014
‘Better Care Together Strategy (LLR Five Year Strategy, 2014-2019.)

Other legislation & national influences

Care Act 2014

Health and Social care act 2012

Bradley Report 2009

2000: Carers and Disabled Children Act 2000

2000: Care Standards Act 2000:

1990: NHS and Community Care Act 1990



Background

- **National Autism Strategy “Fulfilling and rewarding lives” (2010)**
- **Think Autism Fulfilling and Rewarding Lives, the strategy for adults with Autism in England: an update.**
- **The Children and Families Act 2014**

- **Winterbourne Concordat**
- **Department of Health, “Improving outcomes and supporting transparency: Part 1: A public health outcomes framework for England, 2013-2016.” Department of Health, London, 2012.**

- **Putting People First (2007) and Think Local Act Personal (2011).**
- **In the Department of Health’s ‘A Vision for Social Care’ (2010)**



Proposed 6 key sections

- **Personalisation**
- **Accommodation**
- **Health**
- **Employment, Education & Day opportunities**
- **Preparing for adulthood**
- **Carers (including short breaks)**

MAKING IT HAPPEN



Personalisation

Personalisation means starting with the person as an individual with strengths, preferences and aspirations.

Personalisation is about giving people much more choice and control over their lives in all social care settings including those integrated with health.

It is far wider than simply giving personal budgets to people eligible for council funding. It means ensuring that people have services such as transport, leisure and education, housing, health and opportunities for employment regardless of age or disability.



Personalisation Where are we now?



How much are we spending?

2014 – Direct payments	£3,005,440
2015 – estimated payments	£3,039,990 (+ £34,550)
2016 – estimated payments	£3,067,130 (+ £27,140)
2017 – estimated payments	£3,094,270 (+ £27, 140)

Commissioning intention

- The main thrust of the personalisation agenda is to give individuals that are eligible for a service a greater level of choice and control over their lives.
- Personal health budgets are initially available for people who are eligible for NHS Continuing Healthcare, who have had a 'right to ask' for a personal health budgets since April 2014 and this becomes a 'right to have' a budget from October 2014. The NHS Mandate commits to a further roll out of personal health budgets to people who could benefit from April 2015.



Personalisation

What will we do?

- The Council and the Clinical Commissioning Group will work with providers to offer a range of clearly priced support options available to all eligible people to choose using their allocated personal health and social care budget. These will include personal support needs, employment, education, social activities, transport, respite and short breaks.
- The Council and Clinical Commissioning Group will work jointly to ensure that the market is responsive to individual's needs. This will be assisted through the *Better Care Together* work streams.
- Work with the provider market to develop a range of support options (informed by user feedback) available to eligible individuals to choose using their personal budget.
- Expand & enhance preventative and early intervention support for people



Personalisation

What this means to me

I will be supported to have a personal budget if I am eligible.

I will have an assessment and person centred support plan that will meet my health and social care needs and will be supported with a personal budget if eligible

I will have a range of accessible support options to choose from including personal support needs, employment, leisure, day activities, transport, and flexible short breaks



Accommodation

- **There are a range of accommodation opportunities across Leicester, however the challenge is working with social housing providers and private landlords to ensure properties are in areas where a person can feel safe and have access to the level of support they require.**
- **This support may be via a supported living package, a domiciliary care package or informal family and community support**



Accommodation How much are we spending?

Estimated projections of social care service costs for adults (18-64) with learning disabilities.						% change from 2014 to:			
	2014	2015	2016	2017	2018	2015	2016	2017	2018
Assessment and care management	1,893,310	1,915,070	1,932,170	1,949,260	1,966,360	1%	2%	3%	4%
Home care	885,920	896,100	904,100	912,100	920,110	1%	2%	3%	4%
Day care/ Day services	3,305,200	3,343,200	3,373,050	3,402,900	3,432,750	1%	2%	3%	4%
Direct payments	3,005,440	3,039,990	3,067,130	3,094,270	3,121,410	1%	2%	3%	4%
Equipment and adaptations	47,920	48,470	48,900	49,330	49,770	1%	2%	3%	4%
Nursing and residential care	9,603,590	9,713,980	9,800,710	9,887,440	9,974,170	1%	2%	3%	4%
Supported and other accommodation	12,055,190	12,193,760	12,302,630	12,411,500	12,520,380	1%	2%	3%	4%
Total (excluding SP)	£33,888,930	£34,278,460	£34,584,510	£34,890,570	£35,196,630	1%	2%	3%	4%

Source: www.planning4care.org.uk

The number of LD Residential Care open agreements on CareFirst for the period 13/14 was as follows;

- 1) Long Term Res Care - 245
- 2) Short Term Res Care - 4



Accommodation

What will we do.

Commissioning intention

- Ensure the needs of people with a learning disability are explicit in relevant housing strategies
- Develop understanding of people's housing needs – in particular a focus on support to ensure people have the right housing (including legal issues regarding tenancy)
- Explore and develop options to support people locally who are currently in out-of-area placements
- Support people to live in mainstream housing & provide information about housing and support options to people and their carers



- **Support people living at home with their families where this is their choice to enable them to plan for their future housing needs**
- **Ensure more people are owning their own home or living in rented accommodation with tenancies**
- **Ensure housing departments know about the housing needs of people with a learning disability and include this in their local plans**



What this means to me

- I will be able to live in my own home / individualised accommodation (if appropriate)
- I will have a choice from a range of housing options to live where I choose and with whom I live and support to access these
- I will be involved in the running of my home, and choose who supports me.
- I will not be fitted into a service where there is a vacancy if this does not suit me.



Where are we now?

Majority of Health service provided by Leicester Partnership Trust on a LLR basis including:

- 12 bed Assessment and Treatment Unit on Glenfield Site
- Outpatients and Community health teams
- Building based short breaks service
- Independent hospital and specialist care placements

GPs required to carry out Annual health checks and produce Health Actions plans

Need to improve management of long term conditions (Obesity, diabetes, cardiovascular health, epilepsy

Need to improve Primary care communication of learning disabilities status to other healthcare providers



How much are we spending?

£ 12.7m a year (Leicester City Clinical Commissioning Group)

Commissioning intentions

Health commissioning intentions are being brought together through the Leicester, Leicestershire and Rutland Better Care Together Programme.

This is a partnership of key health and social care organisations working collaboratively.





Better Care Together- Learning Disabilities work stream

- Develop local provision limit need for out of area placements
- Develop the provider market so they understand future local needs and how much we will pay for it
- Improve community crisis response services so inpatient admission are only made when absolutely required.
- Review carer support services including short breaks
- Developing positive and safe practice within workforce



What will we do:

- **Work with Leicester City Council to reduce learning disabilities care home out of county placements.**
- **Review the level of inpatient assessment and treatment provision required**
- **Review the way Health funded carers support is provided to support choice and personalisation**
- **To improve the numbers of people have a Health Action plan with specific health improvement targets following an annual Health Check.**
- **Develop information systems for ensuring Learning Disabilities status and suggested reasonable adjustments if required, are included in referrals to secondary care.**
- **Work with local partners to consider options for improving the effectiveness of autism and Asperger's pathways**



What this means to me

- **I will only be admitted to assessment and treatment units when absolutely necessary as the way crisis support services are delivered will change**
- **I will have an annual health check.**
- **I will only be admitted to hospital when absolutely necessary**
- **I will only be placed out of county when absolutely necessary**
- **We will look again at how health funded carers support (short breaks) are provided**



Where are we now?

- Personal budgets have enabled people to gain support from a range of different providers who can provide an individualised support package focussing on the specific support needs of that person
 - coping with the social situations in a place of work or college
 - or using public transport
 - there are some good voluntary sector support providers across the area.
- Connexions in the City provide support and can refer to specialist education provision if there are no mainstream resources which can meet assessed needs.



- **The Department of Work & Pensions (DWP) has established Work Choice and Access to Work, both of which help disabled people, including people with autism, find employment and stay in work.**
- **DWP also employs Disability Employment Advisers (DEAs) who are specialists who work with claimants facing complex employment situations because of their disability or health condition.**
- **All new DEAs receive training in awareness of autism.**



Employment / training / day opportunities



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What will we do

- Ensure all actions under personalisation include people accessing employment, education and social activities.
- Carry out a review of day services

What this means to me

- I will have an assessment and person centred support plan
- I will be supported to have a fulfilled life which includes opportunities to work, study, and enjoy leisure and social activities.



Where are we now?

Changes in the law

- **The Care Act becomes law in 2015, young people a legal right to request an Adult Social Care assessment before they turn 18 years. This is to help them plan for the Adult Care and support services they may need.**
- **The current arrangements under Section 5/6 of the Disabled Person Act will cease.**
- **The Children and Families Act 2014 This legislation will change the transition process for young people from September 2014, with what is called the Local Offer. Implementation will vary across local authorities, but the principles are the same.**



Preparing for Adulthood

Commissioning intention

Adult commissioning teams in both health and social care will:

- influence how services are planned and delivered for young people with learning disabilities
- work with children, schools and families to identify individuals earlier
- jointly understand and assess needs
- facilitate service developments that support personalisation.

What will we do

- Ensure the changes with the Education, Health and Social Care Plan are inclusive of Learning Disability & Autism needs
- Refresh the Transition pathway for young people as the new processes evolve
- Ensure the review of Child Mental Health services links with the Learning Disability and Autism Pathway
- Ensure that information is available in a range of accessible options



Preparing for Adulthood

What this means to me

- I will be able to find information on options available to me as I plan for my future.
- I will have my needs better understood as I go through changes in life
- I will have appropriate support to meet my needs.
- I will be able to access appropriate care and support.



Carers

(including short breaks)



Where are we now?

- A total of 1752 carers have received an assessment. 194 care for someone with a learning disability
- A Carers group was set up to contribute to the 2013/14 Autism Self-Assessment Framework (ASD SAF) and consider the City submission. This group has people attending from across the county and their views are collected and collated following each meeting

There are other key transitional times within life as people mature and age:

- Leaving home for the first time
- Leaving your home locality for education or work
- Marriage
- Birth of a child
- Retirement
- Death of a partner or parent

The significance of these must not be underestimated, but can be very positive if supported appropriately.



Carers

Commissioning intention

- Provide the support for carers in a range of different ways
- Review current provision
- Listen to the different views and needs of carers
- Improve data collection
- Link with the Carers Strategy

What will we do

- Continue to meet with and listen to carers on a bi-monthly basis
- Involve carers in the development of the Autism strategy & Autism Pathway
- Ensure people with a Learning Disability over the age of 65, and those with dementia, are supported to access a range of services that best meet their assessed needs



What this means to me

- **I can be confident that the people who support me will have their own support needs met**



Short breaks

- Where are we now?

Family Carers	
aged <32	0
aged 33 - 50	15
aged 50 - 65	55
aged 65 - 80	18
aged 80+	3
Unknown	18

Direct Payments for Respite	60
Adult Placement (Short Term)	48
Respite Residential Care	34
Flexible Break Day Support Hours	18
Flexible Respite	7

Customer Ethnic Group	
Ethnic Group	Count
White British	51
Asian or Asian British - Indian	35
Black or Black British - Caribbean	4
White -other	3
Asian or Asian British - Pakistani	3
Asian or Asian British - other Asian origin	3
Black Caribbean & White	3
Other dual heritage	2
Information not yet obtained	2
Chinese	1
Asian & White	1
Black or Black British - African	1
Grand Total	109

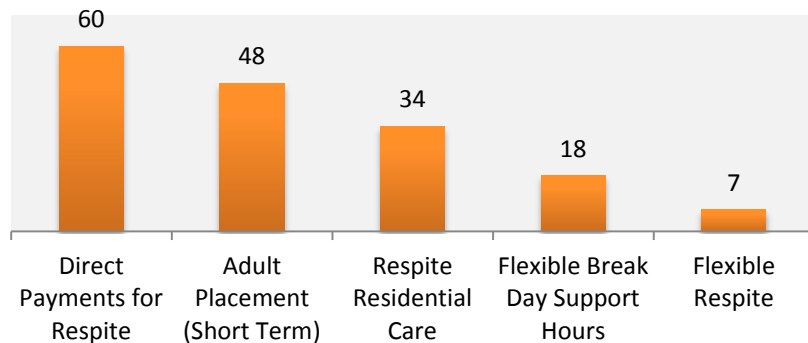


Short breaks

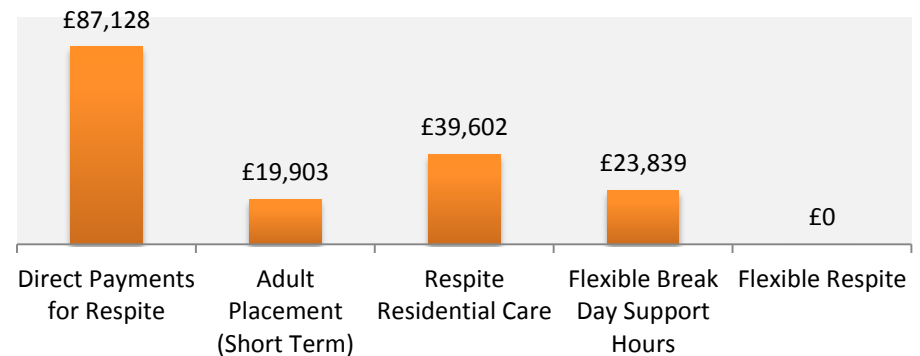
What are we spending?

Service Type	Count	Current Cost	Average Cost
Direct Payments for Respite	60	£87,128	£1,452
Adult Placement (Short Term)	48	£19,903	£415
Respite Residential Care	34	£39,602	£1,165
Flexible Break Day Support Hours	18	£23,839	£1,324
Flexible Respite	7	£0	£0
Grand Total	167	£170,471	£1,021

Service Type



Service Type (Cost)



Short breaks

Commissioning intention

- As part of Better care together there will be a redesign of short break services which will have a range of health and social care options for all needs
- To analyse the use of all short breaks provision across health and social care
- To commission from providers a range of short break options, available to all people to choose using their personal budget (health & social care).

What this means to me

- I will have a say about my service and about what I like and want for the future
- My carer will have a say about my service and what they like and want for the future.



Short breaks

What will we do

- All short breaks in health and social care are being reviewed across Leicester, Leicestershire and Rutland, so the money and services can be used in a better way
- Encourage the market development of a range of short break services to include:
 - Over-night stays away from home
 - Activities at home
 - Activities in the community individually or in a group
- Ensure health needs are met appropriately wherever an individual wants to have their short break



- **What this means to me**
- **I will, if eligible, be able to have a short break in an environment of my choice undertaking activities I enjoy**
- **My family will be able to have a break from caring.**



Making it happen

What have we missed ?
Any different themes?





Appendices

- **Background**
- **JSpNA**
- **Better care together**
- **Delivery action plan**
- **Users and Carers views**
- **Autism Strategy**
- **Carers Strategy**

