

Contact us

B5 Adult Social Care
New Walk Centre
Welford Place
Leicester
LE1 6ZG

Telephone our helpline number 0116 454 2390

Email ASC-VCSReview@leicester.gov.uk

For member of the public visit our web address
<http://consultations.leicester.gov.uk/>

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Information for customers



Counselling services

Voluntary community sector



Leicester City Council

What is Counselling?

“Counselling is a type of talking therapy that allows a person to talk about their problems and feelings in a confidential and dependable environment.” – NHS

Much of the counselling that is available in Leicester is paid for by the NHS. In addition, we pay for one organisation to provide relationship counselling and another to provide general counselling.



If you need help reading this publication or require it in a different format please contact: 0116 454 2390

এই প্রকাশনাটি পড়তে যদি আপনার কোন সাহায্যের প্রয়োজন হয় অথবা যদি এটি ভিন্ন কোন ফরমেটে দরকার হয়, তবে দয়া করে হাউজিং ডিপার্টমেন্টের সাথে 0116 454 2390 নম্বরে যোগাযোগ করুন।

আ প্রকাশন বাঁখবামা গ্নে তমনে ম৬৬ গ্নেঠনী গ্নোথ অথবা ঐনে তমাই গ্নুধা ৩৫মা গ্নেঠনু গ্নোথ নো, ম৬৬২গানী কৱী গ্নাওগ্নিস ডিপার্টমেন্টনো 0116 454 2390 গ্ন৫২ সংখর্ক কৱী.

নেবর ভুতানু হিব পূবাসন পল্লট ললী মসঁদ এী লঁৱ ঐ না হিব ভুতানু বিসে ঐর বৃপ হিঁচ সাগীদা ঐ ভা বিতথা বরবে হাউজিং ডিপার্টমেন্ট ঠাল ভে সঁপতক বটে । 0116 454 2390

Haddii aad u baahan tahay daabacaadan ama aad rabto iyadoo iskale loo diyaariyay, fadlan la soo xiriir Qaybta Guryaha taleefon 0116 454 2390

اگر آپ کو اس پبلیکیشن (اشاعتی مواد) کے پڑھنے کے لئے مدد کی ضرورت ہو یا یہ کسی اور شکل میں چاہئے تو ہاؤسنگ ڈیپارٹمنٹ سے رابطہ کرنے کے لئے براؤکرم 0116 454 2390 پر ٹیلی فون کریں۔

What happens after the consultation?

The city mayor and his executive team will consider the findings of the consultation and decide whether change is needed. We will let you know when a decision has been made and what it means for you.

The proposed change to counselling services

We are proposing to stop funding the current counselling services; Leicester Relate and Leicester Counselling Centre. The money would be reinvested into other mental health services.

We have made the above proposal following a review of services, but now we want to know what you think about the proposal before we make a decision.

Other similar counselling services exist in the city – which can be accessed through GPs. There are also private counselling services, but many of these charge for their services.

If the proposal is agreed we would direct those who need counselling to other services which are available through the NHS.

The proposal would not necessarily result in service closure but would mean we would stop paying for it. The NHS is developing new services and counselling has been identified as one of their priorities. We will work with them to ensure appropriate services are available.

The reasons for the changes

- We have a limited amount of money to provide services and we want to ensure that this is used in the most cost effective way, to help people maintain their health and wellbeing.
- The NHS will be prioritising counselling and currently funds similar services.
- We don't need to fund the same type of support and plan to fund alternative services including drop in sessions for advice and guidance, befriending and peer group support for those with mental health issues.
- The new services would focus on building local support networks and empowering people.
- This will provide a range of services for people with mental health issues.

How you can give your views

- Complete and return the questionnaire enclosed with this fact sheet using the free post self-addressed envelope
- Telephone our helpline number 0116 454 2390
- Email ASC-VCSReview@leicester.gov.uk
- For members of the public visit our web address
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- Attend our focus group, please contact us for details.