

Leicester City Joint Integrated Commissioning Strategy for Adult Mental Health 2019- 2022

Introduction

- Leicester City Council and Leicester City Clinical Commissioning Group developed Leicester's first Joint Integrated Commissioning Strategy 2015-2019. Whilst there have been significant achievements in line with national priorities there is still much to be done. Working and living in times of austerity provides challenges for communities, commissioners and providers of services. It is vital that every penny of funding achieves results for people experiencing mental health problems and their families.
- In 2016 the UK Government published the Five Year Forward View for Mental Health, setting out a plan for more responsive and accessible mental health services. Key aims included increasing parity of esteem between physical and mental health services, tackling wider issues that impact on mental health (such as employment opportunities, a decent place to live and good quality relationships), and finally tackling inequalities. In late 2019 this plan will be refreshed as part of the NHS 10 Year Plan, for which mental health is a priority area.
- Our goal in publishing the latest Leicester City Joint Integrated Commissioning Strategy is to continue the progress we have made in preventing mental ill health and building resilience in people and communities. We will continue to work with our partners to ensure that people with mental ill health are able to secure decent housing where they feel safe and also to provide employment, education and volunteering opportunities to provide meaning and a sense of purpose for those experiencing mental ill health.
- This strategy has been co-produced in partnership with mental health service users and carers and we will ensure that the key outcomes are monitored and evaluated following the principles of co-production with the assistance and support of service users and their carers.
- We can only achieve the aims above by working with partners across the NHS, Department of Work and Pensions, Job Centre Plus, registered social and private landlords, local businesses and residents in Leicester.

Progress to date 2015-2019

- Leicester City Council and Leicester City Clinical Commissioning Group developed Leicester's first Joint Integrated Commissioning Strategy 2015-2019. The key themes under this strategy were:

Building wellbeing and resilience

Accommodation

Employment, education and training

Personalisation

Health

Carers

- As a result of the previous strategy, there have been developments in the provision of wellbeing and resilience service across Leicester, Leicestershire and Rutland.
- Personalisation is embedded across the Council's social care offer and integrated personal health budgets are now available for people with mental health conditions.
- Leicester Leicestershire and Rutland's Future in Mind programme is leading the transformation of children and young people's mental health services.
- Leicester City Council has recently published its Transitions Strategy to help ensure that that the staff working to support young people as they transition into adulthood are clear about the work that needs to be done to make sure young people have a good experience as they leave children's services and become adults.
- There have also been significant national developments in mental health including the 5 Year Forward View for Mental Health

Ambition and aims

To support the ambition that mental health should have “parity of esteem with physical health” and in recognition that mental illness is now recognised as the largest single cause of disability in the UK, we have identified the following three themes as the focus for this strategy:

Prevention

We will ensure that a range of preventative services are available to help people from all communities manage their mental health and increase their resilience and wellbeing. Initiatives to reduce mental health stigma will be supported and we will continue to support work to prevent suicide. We will increase physical health checks for people with a serious mental illness

Accommodation

Mental health needs will be considered equal to physical health needs in the allocation of housing. People will have a choice of housing to allow them to maintain contact with friends and family and to maximise their independence.

Employment, education and volunteering

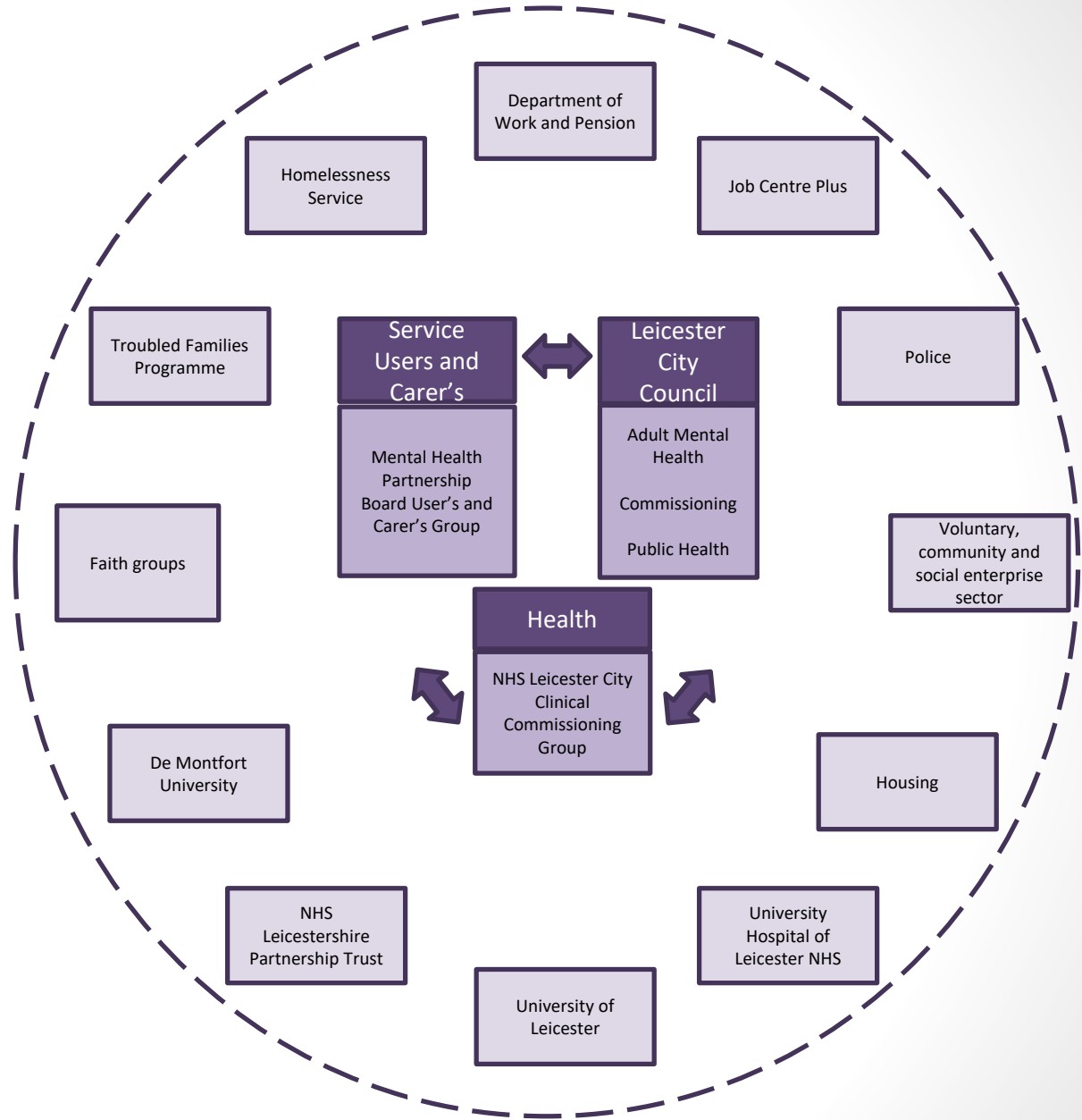
We will support people with mental ill health to maintain and retain meaningful employment. Education and training opportunities for people experiencing mental ill health will be identified and supported. We will identify and promote volunteering opportunities for people with mental ill health.

Partners

This strategy is owned by all partners that contribute to the work of the Mental Health Partnership Board.

While it is imperative that focus is given to the development of an effective relationship between Leicester City Council commissioners and operational teams and Leicester City Clinical Commissioning Group, there are a number of other partners who will need to engage with the work in order to enable success. These partners include, but are not limited to, Leicestershire Partnership NHS Trust, University Hospital of Leicester NHS Trust, voluntary, community and social enterprise (VCSE) sector providers, Department for Work and Pensions and Job Centre Plus, universities and faith groups.

The Mental Health Partnership Board is accountable to and operates within the framework provided by the Health and Wellbeing Board. Yearly reports will be provided to the Health and Wellbeing Board to update on progress.



Prevention

Statutory responsibilities

The Care Act 2014 confirms a statutory duty on the care and support system to “actively promote wellbeing and independence, and not just wait until people reach crisis point”. Local authorities have a responsibility for prevention that applies to all adults, regardless of whether they have eligible needs that are met by the authority.

Local picture

Prevention is a key part of Better Care Together, the local name for the Leicester, Leicestershire and Rutland Sustainability and Transformation Plan (STP). One of the key objectives of Better Care Together is to “reduce suicide and increase resilience and promote recovery and independence” and “to enable people to manage their health more effectively”.

As a result of the previous strategy, Leicester, Leicestershire and Rutland local authorities and CCGs commissioned Mental Health Wellbeing and Recovery Support Services to standardise the prevention offer across LLR. This has seen an increase in access to preventative services in some areas of the city that previously had no access to this type of support. This work must continue to ensure that people from all Leicester’s communities have an opportunity to seek the right help at the right time to prevent their conditions from getting worse and to build resilience.

Prevention must not be seen exclusively through the prism of provision of services. Leicester has an incredibly diverse population with people of different faiths and communities. We aim to continue to spread the asset based message of the Time to Change initiative and reduce the stigma around mental health so people can talk freely about their mental health and source support from their communities, friends and family.

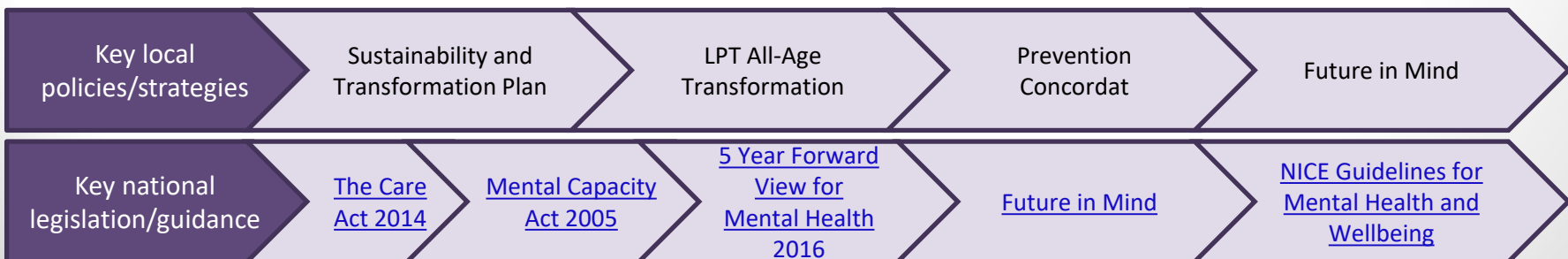
Key drivers

The Five Year Forward View for Mental Health dictates that health and social care economies should have a focus on prevention of mental ill health and confirms the “importance of the role of local government in the promotion and prevention agenda” and that “more needs to be done on prevention to reduce inequalities”.

Outcomes

In Leicester we will be measuring our success in prevention on the following four outcomes:

- an increase in resilience and wellbeing reported through commissioned preventative mental health services
- a reduction in the suicide rate
- an increase in physical health checks for people with a serious mental illness (SMI)
- a reduction in mental health stigma reported through Time to Change Hub



Accommodation

Statutory responsibilities

The local authority has a duty to provide services to people with mental health issues who reach the threshold for services. These services include ensuring that people are appropriately accommodated or supported to live as independently as possible in supported living or their own homes. The Care Act 2014 confirms that local authorities must consider housing in exercising their duty to promote the integration of health and wellbeing and also that housing is now recognised explicitly as “health related provision”. The Five Year Forward View for Mental Health 2016-2021 states that “Housing is critical to the prevention of mental health problems and the promotion of recovery.”

Local picture

Leicester, Leicestershire and Rutland health and social care commissioners are developing an Adult Mental Health Discharge and Housing Needs Annual Delivery Plan to improve the housing options for people being discharged from mental health inpatient care. Leicester’s Homelessness Strategy 2018-23 confirms that “there is more demand for social housing however there are fewer lettings” and that we “have to ensure that there is a suitable supply of settled accommodation”. Engagement with service users and carers has confirmed that people are being offered accommodation away from friends and family which increases isolation and in turn increases the risk of mental health conditions getting worse.

Key drivers

The All Party Parliamentary Group on Mental Health report “Progress of the Five Year Forward View for Mental Health: On the Road to Parity” states that: “There has been a failure to make long lasting changes to areas such as housing and welfare” and recommends that health and social care economies “monitor settled housing outcomes for people with mental health needs”. The report confirms that housing “must be seen as an essential prevention and recovery service”.

Outcomes

We will be measuring our success in improving accommodation for people with mental ill health on the following outcomes:

- Mental health will have parity of esteem with physical health needs in the allocation of housing.
- People will have a choice of housing that allows them to maintain contact with friends and family and maximises their independence.



Employment, education and volunteering

Statutory responsibilities

The Five Year Forward View for Mental Health confirms that “Stable employment [is a] factor contributing to someone being able to maintain good mental health and [is an] important outcome for their recovery”. National statistics confirm that between 60-70 per cent of people with common mental health problems are in work but the 5 Year Forward View for Mental Health states that “people with mental health problems are also often over-represented in high-turnover, low pay and often part-time or temporary work”. The Equality Act 2010 stipulates that employers should think about making “reasonable adjustments” if employees are at a major disadvantage compared to other people that do not have a mental health problem.

Local picture

Leicester, Leicestershire and Rutland Sustainability and Transformation Plan’s mental health workstream confirms that one of the local priorities is “increasing employment of individuals with long-term mental health conditions” and that “workplaces and education settings [will] increase promotion and acceptability of support for employees to access help for any mental health problems”. Unemployment is associated with social exclusion, which has a number of adverse affects, including reduced psychological wellbeing, greater incidence of self harm, depression and anxiety. Leicester Employment Hub is a three year, £3.9 million business support project for small and medium sized enterprises (SMEs) to increase the demand for apprenticeships, traineeships, work experience, internships, volunteering and work placements. Funding is in place to 2020 and the Metal Health Partnership Board will ensure that opportunities are identified to support people with mental health needs to access and maintain meaningful employment, education and volunteering.

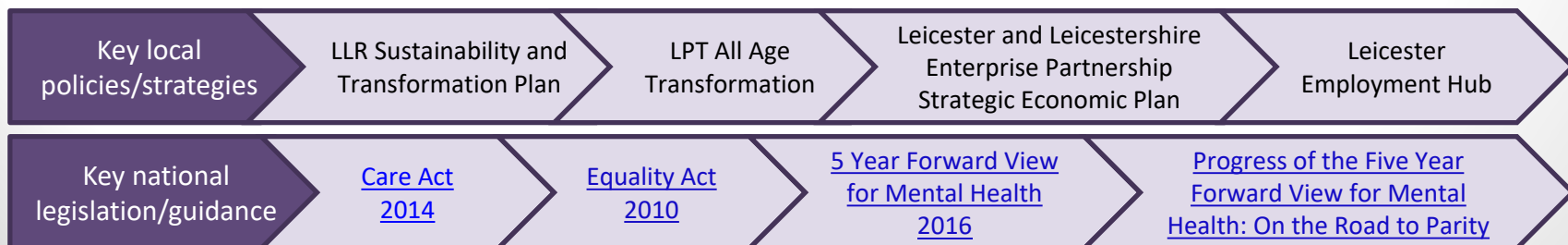
Key drivers

Engagement with mental health service users and their carers has confirmed that employment is an important component in maintaining good mental health and supporting recovery, but that employment needs to be meaningful and an unrewarding job can be worse than having no job at all. Educational and volunteering opportunities for people experiencing mental ill health are vital steps in gaining meaningful employment.

Outcomes

We will be measuring our success on the following three outcomes:

- an increase in the number of people with mental health conditions in stable employment, education and volunteering
- improved consistent information on employment, education and volunteering opportunities for people with mental health condition
- increased partnership working with DWP, JCP and other employment focused organisations.



Key priorities (Page 1 of 2)

Following engagement with service users, carers and mental health partnership board members we have identified a number of key priorities to help achieve the aims outlined in this strategy. These priorities are summarised below and on page 10. Where applicable these priorities will be measured and reported on at the Mental Health Partnership Board. Some priorities will be in focus during the whole course of this strategy and some will have particular focus in specific years.

	2019	2020	2021	2022
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Theme	Action	Who	Year
Prevention	1. Conduct a commissioning review of the Mental Health Wellbeing Recovery Support Service to ensure that all of Leicester's communities benefit from the preventative mental health service	Leicester City Council	2019
	2. Provide a programme of mental health awareness training to faith groups and community leaders	Public Health / CCG	2020
	3. Support the work of the Leicester, Leicestershire and Rutland Suicide Prevention Group to continue to reduce the suicide rate in Leicester	All	2019-2022
	4. Ensure that 60% of people with a registered serious mental illness (SMI) receive a physical health-check on an annual basis	Leicester City CCG	2019-2022
	5. Engage with voluntary, community and social enterprise (VCSE) groups to identify community based offers in Leicester that will reduce isolation and build mental health resilience in all of Leicester's communities with a focus on those communities with the poorest reported mental health outcomes.	Leicester City Council / CCG	2020
	6. Support the Future in Mind Initiative to improve children's mental health in Leicester.	All	2019-2022
	7. Support VCSE initiatives to reduce mental health stigma through the Time to Change grant scheme.	All	2019-2020
Accommodation	8. We will improve our supported living and residential services by asking the people who use them how to make things better.	Leicester City Council	2020
	9. Work with housing providers, registered social landlords and housing associations to raise awareness of the risks to mental health and wellbeing associated with unsecure housing.	Leicester City Council	2019-2022
	10. Work with Leicester City Council's housing service to raise the profile of mental health needs in housing allocations.	Leicester City Council / CCG	2019

Key priorities (Page 2 of 2)

	2019	2020	2021	2022	
Theme	Action			Who	Year
Accommodation	11	Work with local authority, health and housing providers on the development of extra care and independent living schemes to provide stable housing options for people with mental ill health, in particular when they are being discharged from hospital.		Leicester City Council ASC / Housing / CCG	2020
Employment, Education & Volunteering	12	Engage with education agencies, volunteering organisations and employers to provide information on reasonable adjustments that can support people with a range of mental health conditions		All	2019-2020
	13	Promote the work of Leicester Employment Hub and ensure that people with mental health conditions are able to access opportunities		Leicester City Council / CCG	2019-2022
	14	Work with service users and carers to produce case studies demonstrating the positive impact that employment, education and volunteering can have for people experiencing mental health issues		Leicester Employment Hub	2020
	15	Review the LLR Substance Misuse and Mental Health Employment Forum to ensure that it is focused on identifying employment, education and volunteering opportunities for people with mental ill health and/or substance misuse issues		Leicester City Council	2019
	16	Double the employment support offer to for people with more severe mental illness through the Individual Placement Support model, as recommended in the Five Year Forward View for Mental Health		CCG / LPT	2021
	17	Seek external funding opportunities to meet gaps in provision in addressing employment, education and volunteering support		All	2020
	18	Work with colleagues from the Department for Work and Pension and Job Centre Plus to communicate issues raised by service users and carers relating to benefits and support to return to work		LCC / JCP / DWP	2019
	19	Use Adult Social Care Outcomes Framework measures to track proportion of adults with mental ill health in paid employment		LCC	2019-2022

Useful links

[Care Act 2014](#)

[Equality Act 2010](#)

[Future in Mind](#)

[Homelessness Reduction Act 2017](#)

[Housing Act 1996](#)

[Leicester City Council Adult Social Care strategic purposes and priorities](#)

[Leicester City Council Transitions Strategy](#)

[Localism Act 2011](#)

[Mental Capacity Act 2005](#)

[Mental Health Act 1983](#)

[5 Year Forward View for Mental Health](#)

[NHS 10 Year Plan](#)

[Progress of the 5 Year Forward View for Mental Health – All Party Parliamentary Group on Mental Health](#)

[Leicester, Leicestershire & Rutland Sustainability and Transformation Plan](#)