

Our Plan for Living Well with Dementia 2019 – 2022



Tell us what you think

1. Do you think the idea is a good one?

Yes

No

Not sure

The image shows a survey card with a woman thinking, a question, and a checklist. A hand is holding a pen over the 'No' option.

Contents	Page
Introduction	3
What is dementia?	3
About the strategy (big plan)	4
Who is the plan for?	4
Why do we need a new plan?	5
What does the plan tell us about living well with dementia?	5
What does the plan say is important?	6
Important topic 1 – Preventing Well	7
Important topic 2 – Diagnosing Well	9
Important topic 3 – Supporting Well	11
Important topic 4 – Living Well	13
Important topic 5 – Dying Well	15
How will we know the plan works?	17
What happens next?	17
About you	18



Introduction

We would like to know what you think about our plan to help people to live well with dementia

We are doing this using a survey.

What is a survey?


When we talk about a survey we mean a list of questions we would like you to answer

You may need someone to help you answer some of these questions. We can help you too.

How does it work?

All the questions you need to answer start with a number

There is also some information for you to read.

This  shows you the parts you need to read

What is dementia?

When we talk about dementia we mean a disease in the brain which might mean you:

- Forget things that have happened earlier in the day
- Don't feel like talking to people, feel sad, frightened or angry
- Have problems finding the right words for things



About the strategy (big plan)



What is the Leicester, Leicestershire and Rutland's Living Well with Dementia Strategy?

A strategy is a big plan.

The plan is about how we will work together to make the support better for people with dementia and their carers.

The plan will start from 2019 to 2022.

The new plan has been written by the Dementia Programme Board.

The Dementia Programme Board are people who work with people living with dementia and their carers.

The plan includes what people have told us is important.



Why do we need a new big plan?

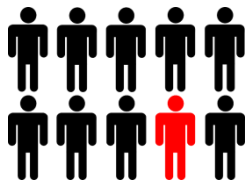


We need a new plan because:

- The old big plan is too old
- The old plan worked very well but...
- We want to keep trying to make our services better for people who need them



What does the plan tell us about people with dementia and their families and carers?



It says that:

- In Leicester there are 3026 people with dementia
- In Leicestershire there are 9642 people with dementia
- In Rutland there are 704 people with dementia
- It says that most people living with dementia are 65 years and over
- There are 269 people that are under 65 years old living with dementia
- It says that there are more women than men living with dementia
- It says that it can be hard for people with dementia to get the help they need



What does the plan say is important?



The plan has 5 important topics.

These are:

1. Preventing Well
2. Diagnosing Well
3. Supporting Well
4. Living Well
5. Dying Well

Each subject has actions which tell us the right way to do things.



They are our aims and goals for supporting people with dementia and their carers. We are going to do our best to do all these things.

We also want to make it easier for people from Black, Asian, minority ethnic and hard to reach groups to get support.



The next few pages ask you for your views on the aims and goals.

Please note: What you say to the main part of the survey may be given to people under the Freedom of Information Act 2000



Important topic 1 – Preventing Well



We will try to:

- Help GP surgeries to be more aware of and give support to people with dementia
- Promote health checks
- Work better with people who work in health prevention

Q1 Do you think these actions will help more people become aware of things that may lead to developing dementia? Please circle your answer.



Yes



No



I don't know

Q2

If no, can you tell us why you think this?



Q3

Is there anything that we can do to make more people aware of the things that may lead to developing dementia?





Important topic 2 – Diagnosing Well



We will try to:

- Review the way we assess memory problems so that the process is better
- Tell people what they should do if they are worried about:
 - Their memory or
 - They are diagnosed with dementia by a doctor
- Speed up the time it takes to receive a proper diagnosis of dementia
- Work better with care homes

Q4

Do you think these actions will help to make sure that people receive a diagnosis in a timely way? Please circle your answer.



Yes



No



I don't know

Q5



If no, can you tell us why you think this?

Q6



Is there anything else we could do to diagnose dementia well?

Q7

Is there anything else we could do to make more people aware about dementia in Black, Asian, minority ethnic and hard to reach groups?



Important topic 3 – Supporting Well



We will try to:

- Make sure that the dementia support services we buy provide equal access for all and give good value for money
- Raise awareness of dementia training for housing providers
- Make sure that support staff who deliver personal care become dementia friendly
- Make sure that staff in hospitals are dementia aware/ have dementia training

Q8 Do you think these actions improve care for people with dementia? Please circle your answer.



Yes



No



I don't know

Q9

If no, can you tell us why you think this?



Q10

Is there anything else we could do to support people with dementia?





Important topic 4 – Living Well



We will try to:

- Make sure that people know about dementia support services
- Make care homes for people with complex dementia better
- Work with other organisations to create dementia friendly communities
- Keep talking to people with dementia and their families so that services are fit for purpose
- Review the information we give to people about dementia to make sure it's right
- Agree a standard set of care and support quality standards across Leicester, Leicestershire and Rutland
- Work on training for care homes so that they know how to manage crisis

Q11

Do you think these actions will help people with dementia to feel safe and part of the community? Please circle your answer.



Yes



No



I don't know

Q12

If no, can you tell us why you think this?



Q13

Is there anything else we could do to support people with dementia to live well?





Important topic 5 – Dying Well



We will try to:

- Make sure we work better with specialist teams to care for people with dementia who are moving towards the end of their lives

Q14 Do you think this action will help to make sure that people with dementia can die with dignity in the place of their choice? Please circle your answer.



Yes



No



I don't know

Q15

If no, can you tell us why you think this?



Q16

Is there anything else we could do to make sure that people living with dementia can die with dignity?





How will we know the plan works?



We will keep talking to people living with dementia and their carers and asking what they think.

We will check if we know about people living with dementia and their carers.

We will check if more people living with dementia and their carers are using carer support services.



What happens next?



Leicester City Council, Leicestershire County Council and Rutland County Council will all have their own smaller plans. The smaller plans will say how they will do all the important things.

They will have to tell the Dementia Programme Board about what they do and whether it works.



About You



- What you say in the ‘About You’ part of the survey will be kept safely and will not be given to anyone else.
- If you choose to give us your e mail address in question 19, it will be kept safely and only used to contact you about dementia services.
- It is very important for us to treat everyone well. It is very important that the things we do are good for everyone.
- To help us make sure that our work is fair and good for everyone, we would like you to answer these questions. You may need someone to help you to do this.
- You do not have to answer these questions but it will help us to keep working better for everyone.
- **This information will be kept in accordance with terms of the Data Protection Act and will only be used for the purpose of monitoring.**



Are you giving your views on the dementia strategy in...? (please tick all that apply)

Q17	Leicester city		Blaby		Charnwood	
	Hinckley & Bosworth		Melton		Harborough	
	Oadby & Wigston		Rutland		North West Leicestershire	



Tell us about yourself (please tick all that apply)

Q18	I have a diagnosis of dementia		I work for a council		I work as a GP / pharmacist or other healthcare professional	
	I am a family member / carer of a person with dementia		I work for a dementia service provider		I am a stakeholder (like an elected member, representative of statutory body)	
	I am an interested member of the public		I am a representative of a voluntary sector organisation or charity		Other (please specify below)	

Other:



If you would like to be involved in future work to develop plans and improve services, please give your e mail address:

Q19	
-----	--



What is your postcode?

(home or work)

Q20

My postcode is:



What is your ethnic

group? (please tick only one)

Q21

Asian or Asian British: Bangladeshi

Asian or Asian British: Indian

Asian or Asian British: Pakistani

Asian or Asian British: Any other Asian background

Black or Black British: African

Black or Black British: Caribbean

Black or Black British: Somali

Black or Black British: Any other Black background

Chinese

Chinese: Any other Chinese background

Dual/multiple heritage: White & Asian

Dual/multiple heritage: White & Black Caribbean

Dual/multiple heritage: Any other heritage background

White: British

White: European

White: Irish


White: Any other White background

Other ethnic group: Gypsy/Romany/ Irish Traveller


Prefer not to say



Other ethnic group: Any other ethnic group

If you said your ethnic group was one of the 'Other' categories, please tell us what this is:

 **What is your age?** (please tick one box only)

Q22	Under 18		18 – 25		26 – 35	
	36 – 45		46 – 55		56 – 65	
	66 +		Prefer not to say			

 **Do you think of yourself as a disabled person?**
(please circle your answer)

Q23	The Equality Act 2010 says that a person is disabled if they have a physical or mental impairment which has a big and long – term effect on the way they carry out normal day-to-day activities. It also has to have lasted or be likely to last for at least 12 months. People with HIV, cancer, multiple sclerosis (MS) and severe disfigurement are also covered by the Equality Act.		
	<p>Yes</p> 	<p>No</p> 	<p>Prefer not to say</p> <p>X</p>



If you have answered Yes to question 23, please tick all where it best describes you below

A long standing illness or health condition such as cancer, HIV, diabetes, chronic heart disease or epilepsy

A mental health difficulty, such as depression, or anxiety disorder

A physical impairment or mobility issues, such as difficulty using your arms or using a wheelchair or crutches

A social / communication impairment such as a speech and language impairment or Asperger's syndrome / other autistic spectrum disorder

A specific learning difficulty or disability such as Down's syndrome, dyslexia, dyspraxia or AS(H)D

Blind or have a visual impairment uncorrected by glasses

Deaf or have a hearing impairment

An impairment, health condition or learning difference that is not listed above (specify if you wish)

Prefer not to say



How would you define your religion or belief?

(please tick one box)

Q24	Atheist		Bahai		Buddhist	
	Christian		Hindu		Jain	
	Jewish		Muslim		Sikh	
	No religion		Prefer not to say		Any other religion or belief (please specify below)	

Other:



Sexual orientation. Do you consider yourself to be...?

(please tick one box)

Q25	Bisexual		Gay / lesbian		Heterosexual / straight	
	Prefer not to say		Other (please specify below)			

Other:



W

M

What is your gender identity?



(please tick one box)

Q26	Male		Female		Prefer not to say	
	Other (please write below)					

Other:



Is your gender identity the same as the gender you were assigned at birth? (please circle your answer)

Q27	<p>Yes</p> 	<p>No</p> 	<p>Prefer not to say</p> <p>X</p>
-----	--	---	--



If you want any more information about the Leicester, Leicestershire and Rutland's Living Well with Dementia Strategy (Big Plan), you can contact us by phone or by e-mail:

By telephone on:

 0116 4542300

By e-mail at:

 asconsultations@leicester.gov.uk