

Have your say on proposed changes to mental health support services



Your feedback is important

Online: consultations.leicester.gov.uk.

For general enquiries or comments about this consultation
phone **0116 305 0232** or email ascengage@leics.gov.uk

**Public consultation: the consultation runs from 3rd October 2016.
Submit your views by midnight on 4th December 2016.**

We're asking people to have their say on proposals to introduce mental health resilience and recovery hubs in Leicester, Leicestershire and Rutland.

Improving mental health services for patients is a priority because of the many risks associated with poor mental health. The diagnosis of common mental health problems is increasing and there are high levels of people needing crisis support services.

Health and social care want to work together whenever possible, to provide better services that will focus on the best ways for people to stay well and to recover. This will provide real health benefits and make the best use of the money available, help improve quality and reduce variation in what is available in different areas. To help people with mental health difficulties to stay well, or to recover if they do become unwell, the Councils and CCGs are proposing to develop a set of local 'hubs' (called Resilience and Recovery Hubs), to support mental health communities and help individuals with a range of mental health problems.

The three clinical commissioning groups in Leicester, Leicestershire and Rutland currently pay for a range of mental health services provided by voluntary sector organisations. The three local authorities each pay for another range of mental health services. In total, £1.5 million each year on these services.

Some of these services are not joined up with each other; some are doing the same things and there are some areas or groups of people where there are no services.

By working together effectively through pooling funding and resources, we will be more able to provide the support people need in places they know within their local community.



What are resilience and recovery hubs?

Resilience is about building better coping skills in order to deal with problems, adapt to new situations and become more able to do things for oneself.

Recovery is about building a meaningful and satisfying life, even if the person continues to experience symptoms of mental health problems.

A **hub** is a central or focal point; based in and linked to the local community it serves.

This means there will be one organisation overseeing a range of services within each particular area or location – but these services could be provided in multiple ways and places.

The hubs are part of a wider set of proposals to help people to stay well, rather than treating ill health. That means giving people the information, power and control to stay healthy, manage their condition and choose what treatments they receive.

Each hub will be expected to provide the following support to their local population:

- **Information:** Information for everyone, advice and support which could be provided via drop-ins, or a website, or the telephone;
- **Advice and navigation:** Help to navigate other systems and link people to the right places (e.g. the right health service or housing service, social groups or leisure activities);
- **Community recovery support:** Support for small groups or individuals to regain and sustain confidence to engage in everyday activities



Why change?

We want to make this change because the councils and CCGs believe hubs can offer a more responsive service which will be based upon the needs of local people.

Mental Health Resilience and Recovery Hubs will be important sources of support where people in need can access appropriate advice and care. Our resilience service will draw on people's strengths and help them to find the support that helps them to stay well. This can include information and advice about debt and benefits, employment and education, and social and leisure opportunities.

Recovery will help people to work towards their goals and have hope for the future. The recovery service will help people regain control over their lives and develop social activities and relationships so that they are not isolated or excluded and have access to support from community networks, not just mental health services.

For example, the provider of the service will be able to look at the local community and decide what type of services it needs to focus on based on the people who live there. The services would be based in existing community locations that are open to everyone, not places restricted to people who are 'mentally ill'.

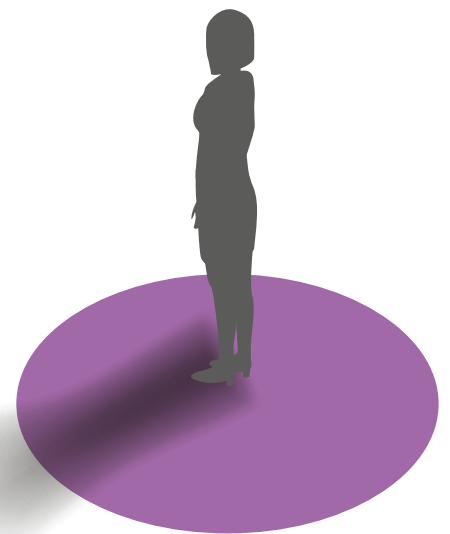
Because of continuing financial pressures, the local authorities and the CCGs will all have less money to spend on these services in the future. All partners are still working out exactly what money will be available to use over the next few years, but it is possible that we may have only half as much money as is available now.

We previously spoke to patients and the public about their views on these services and having considered the feedback we think that this is the right model for the future.

To find out more about the proposals, click here.

consultations.leicester.gov.uk

There is also further information at the back of this document which may help you to complete the survey.



What is the proposal?

In **Leicestershire** the proposal is to fund four local hubs, two in each CCG area. This is so that the hubs can link to relevant services provided at the district level, such as leisure, housing and welfare support services. The areas the four hubs would cover are:

- Charnwood
- Hinckley & North West Leicestershire
- Harborough and Melton
- Blaby, Oadby and Wigston

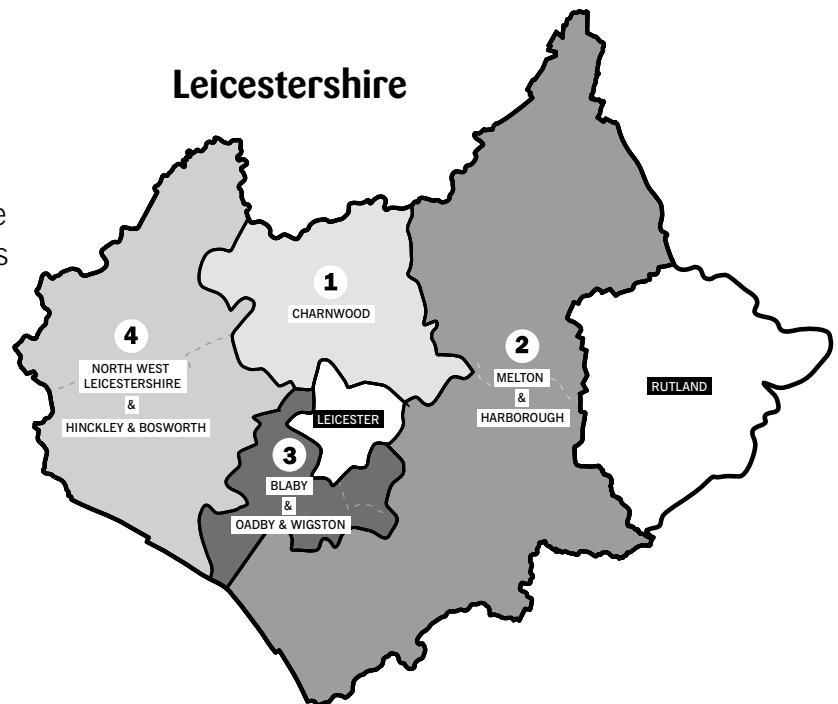
Creating four hubs would ensure that there is enough funding in each area to get a good quality service – this might be more difficult if the areas were any smaller.

In **Leicester City** we are considering two local hubs, one each on the East side and one on the west side of the city. This is because we want to ensure the service providers have a good understanding of the local needs of the population in the area and what existing community support services are available.

There would be a single, separate hub for **Rutland**.

The councils and CCGs think that we should limit the number of local hubs any one provider can deliver, so we have several providers across Leicester, Leicestershire and Rutland. This is because we want providers to work locally and have the time and capacity to be able to consider what each area needs.

These changes would happen from 1st October 2017.



What would be different for you?

We will use the money we currently spend on the services commissioned by the CCGs and the city and county councils. This will affect people using current services, as there will be a different model of service and there may be a different provider.

The new services will work with individuals with mental health difficulties to help them to get well, stay well or to recover if they become unwell. They will help people to identify what works for them, and to manage their lives.

The current services that may be affected are listed in the table on the next page.

At present, the support that these services offer is either provided elsewhere already or it will be provided in the new local hubs. By working together we can have a more efficient service and make some savings.

We would welcome your views on how you believe the proposed change will impact on you.

How the consultation will work

The consultation begins on 3rd October 2016 and will end at midnight on 4th December 2016.

During this period, we will be visiting current services and holding meetings for people using mental health support services. We will also be meeting with service providers.

To submit your views please complete this survey and make sure it reaches us by midnight on the 4th December 2016.

When the consultation closes, we will analyse the feedback and report the results back to the Clinical Commissioning Boards, and the City Council's and County Council's Cabinet in early 2017.



Potential services affected

Organisation	Summary of service	Geographical area
Leicester Housing Association Support Services / ASRA (Compass).	Long term outreach support for people with enduring mental health needs.	Leicester, Leicestershire & Rutland.
Rethink Carer Support	Advice/ information/ group and one to one support for carers of people with enduring mental health needs.	Leicestershire and Rutland.
Carers Trust / Crossroads	Advice/ information/ group and one to one support for carers of people with enduring mental health needs.	Leicester City and West Leicestershire.
Community Advice & Law Service	Money advice provision for people with mental health support needs.	Leicester City.
Enable (Foundation Housing)	Housing related support services for people with mental health support needs.	Leicester City.
Rethink - Focus line (MH Support Line)	East Midland based telephone support service for people with mental health support needs.	Leicester, Leicestershire & Rutland.
Rethink - Homeless Outreach Worker	Homeless outreach worker primarily operating in county towns.	Leicestershire and Rutland.
LAMP (including Genesis)	Information and Peer support.	Leicester, Leicestershire & Rutland.
	'Step' up service user involvement.	Leicester City only.
Network for Change	Outreach support for people with enduring mental health needs.	Leicester, Leicestershire & Rutland.
	Mental Health community based low level support for people residing in the City with mental health needs and their carers.	Leicester City only.
People's Forum	Service user and carer engagement facilitation.	Leicestershire and Rutland.
ADHAR Project	Supporting recovery in Black and minority ethnic communities patients known to secondary care services.	Leicester City.
	Mental health community based low level support for the Asian community residing in the North and East of the City & their carers.	
	Mental Health community based low level support for the Black African/Caribbean community.	
Richmond Fellowship Leicestershire Lifelinks	Preventative, drop in, inreach and peer support.	Leicestershire County.



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