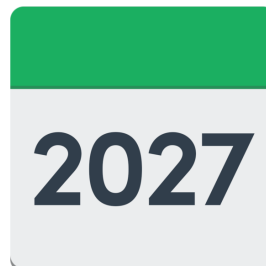




Leicester Health, Care & Wellbeing Delivery Plan



Introduction to the Plan



The Leicester City Health, Care & Delivery Plan should set out how health services will work together to make the health of people living in Leicester better.

These health services include:

- doctor's surgeries
- Leicestershire Partnership Trust
- University Hospitals of Leicester
- Care services like Social Care and Public Health



The Plan is needed because in April 2022 services that are part of the NHS are going to be managed through something new called an Integrated Care System (ICS).

These services include:

- doctor's surgeries
- Leicestershire Partnership Trust
- University Hospitals of Leicester



An Integrated Care System is a partnership of all local health and care services including the Council.

All these services will work together to plan and deliver services in a more joined up way.

By working in this way, they can make sure that the health and wellbeing of people who live and work in Leicester gets better.



Our local Integrated Care System will work across the council areas of Leicester, Leicestershire & Rutland.

Each council area will be called a, 'Place'. This plan is for the place of Leicester.

Writing the Plan



The Government tells us that our place plan should try to focus on aims which:

- Have a shared way of trying to make the health and wellbeing of the people in Leicester better
 - Try to reduce the things that can make the people of Leicester poorly. This can be things like poor living and working conditions so that they don't need as much care and support.
 - Address the unfair differences in health support for different groups of people.
-



We have looked at other local plans written by Public Health such as:

- The Joint Strategic Needs Assessment
- The Joint Health and Wellbeing Strategy (plan)

We think that the place plan should link to the five themes in the Joint Health and Wellbeing Strategy (plan) which are:

1. **Healthy Places** - Making Leicester the healthiest place to live and work
 2. **Healthy Start** - Giving children that live in Leicester the best start in life
 3. **Healthy Lives** - Encouraging people in Leicester to make healthy lifestyle choices which they can stick to
 4. **Healthy Minds** - Promoting positive mental health in Leicester to people of all ages
 5. **Healthy Ageing** - Making sure that people in Leicester age confidently and in comfort
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We have already listened to things that people in Leicester have told us about what is important to them.

We have thought about things that local health and social care organisations could make better for people in Leicester by:

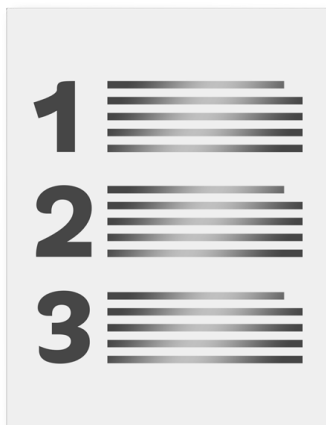
- Reducing inequality in health
- Making access to services better
- Better joined up working between health, care and wellbeing services



We now have a list of actions which we think are the most important for the people of Leicester.

We have tried to arrange these into the 5 themes from the Joint Health and Wellbeing Strategy (plan).

We would like to hear your thoughts on these.



The next few pages ask about your thoughts on our actions.

You can find out more about each of the actions online at consultations.leicester.gov.uk

Healthy Places - your thoughts



We plan to:

- Improve the built environment to support long term improvements in health and wellbeing
- Improve access to GP's and other community health and care services
- Support a move towards becoming a carbon neutral city. This means that the city must reduce the carbon it puts into the air which can damage the climate
- Make sure that the communities in the City of Leicester are mental health and dementia friendly



Question: Do you think we have got these actions right?

Please tick one box only

☐ Yes

☐ No

☐ Don't know

Healthy Start - your thoughts



We plan to:

- Give every child the best start in life by focusing on the critical 1001 first days of life
- Make sure children are ready to play and learn
- Lessen the effect of poverty on children and young people
- Empower health self-care in families with young children



Tell us what you think

1. Do you think the idea is a good one?

☐ Yes

☒ No

☐ Not sure

Question: Do you think we have got these actions right?

Please tick one box only

☐ Yes

☐ No

☐ Don't know

Healthy Lives - your thoughts



We plan to:

- Reduce the levels of unhealthy weight across all ages
 - Make sure that we find illnesses like heart problems, severe breathing conditions and cancer earlier in adults
 - Promote independent living for people with health conditions that will affect them for a long time
 - Make support for family carers better
-



Question: Do you think we have got these actions right?

Please tick one box only

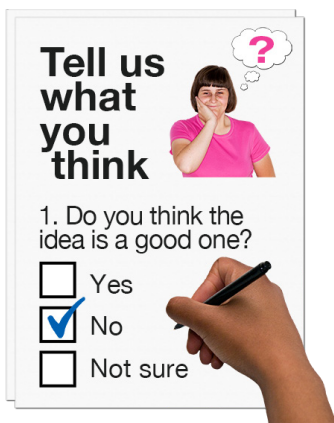
☐ Yes ☐ No ☐ Don't know

Healthy Minds - your thoughts



We plan to:

- Increase access for children and young people to mental health and emotional wellbeing services
- Make sure that access to local mental health services for adults gets better
- Reduce the numbers of older people and adults that feel lonely
- Work towards having no deaths from suicide in the city



Question: Do you think we have got these actions right?

Please tick one box only

☐ Yes

☐ No

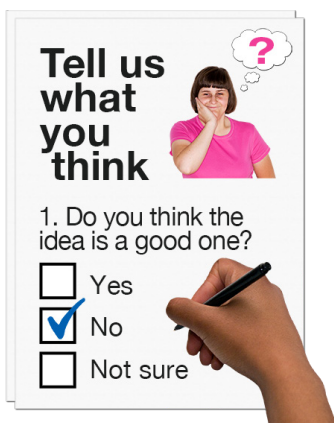
☐ Don't know

Healthy Ageing - your thoughts



We plan to:

- Help people of Leicester to age in comfort and with confidence
- Promote independent living for older people who are frail
- Reduce the number of falls for people in Leicester aged 65 and over



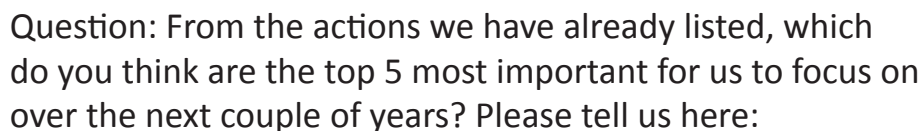
Question: Do you think we have got these actions right?

Please tick one box only

☐ Yes

☐ No

☐ Don't know



2)

3)

4)

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We will then ask the Leicester City Health and Wellbeing Board to look at them and agree them.

This will happen in January 2022.

We will then make a plan which shows the actions that will be the focus for 2022-2023. This will be checked and updated every year until 2027.

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